

Your ref:

Road Safety & Travel Awareness

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Dear Head Teacher

SCHOOL WALKING 14th May -18th May 2018

Please find enclosed some resources that we hope you will use to promote National Walk to School Week, which is held in May each year. We have included a newsletter and assembly ideas.

National Walk To School Week gives children, parents, school teachers and community leaders an opportunity to be part of a National event as they celebrate the many benefits of walking. Schools are encouraged to pick a day, a week, once a week. Everyone can take part even if they come by bus or can't walk all the way to school. It is a good opportunity to encourage walking in general, not just to school, and all forms of active travel/physical activity.

Driving children to school is seen as the most convenient choice for parents with busy lives. Many parents take the view that by driving their children to school they are keeping them safe. Yet the combination of each individual decision means an increase in vehicle traffic and congestion particularly at the school gate.

Many children now miss out on the opportunity to develop vital road safety skills with their parents on the way to school. They fail to build up confidence and learn the ability to manage risk walking around their local community.

Walking can improve overall fitness levels in children and adults. It is a cheap low impact way to exercise. Getting active in our daily lives can have a big impact on health issues such as obesity.

More resources and activities to look out for this term include:

- Road Safety Week 14th -18th May 2018
- The Road Safety in the Primary Curriculum pack was distributed a few years ago. This contains activities and resources to help you plan and deliver the most effective way to help children to use the roads safely.
- www.roadwise.co.uk is the North Yorkshire website for Road Safety. It contains activities and information for children as well as a Teacher's Area.

Yours Faithfully
Caron Twamley

Road Safety & Travel Awareness Officer

To: All Primary Schools