

**NYCC Road Safety Team**  
**Assembly for School Walking Week 14<sup>th</sup>-18<sup>th</sup> May 2018**

**Aim**

To help the children understand the benefits of walking all or part of their journey to school.

**Resources and Preparation**

Ask a group of children to prepare an assembly about Walking to School.

- They could do a power point presentation. Make the slides interesting and colourful. Use images to get the message across that walking is good.
- Act out a journey to school pointing out the benefits to themselves and the family.
- Make posters to show the advantages of walking to school.

**Content**

- Healthy

Walking is good exercise. Everyone needs to do some physical activity every day



- Environmentally friendly

There would be less pollution if everyone used their cars less. It would reduce our carbon footprint.



- Free

Petrol and diesel are expensive. Not using the car for short journeys can save money.



- Experience outdoors, fresh air

See how the season's change. Notice the weather. Wakes you up in the morning.



- Sociable

Time for a chat with Mum or Dad or your friends on the way to school.

