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	19 Early Help Overview and Early Help Assessment Early Help for Early Years Providers	20 Direct Work Tools	21 School Anxiety and Refusal	22 Adverse Childhood Experiences (ACEs)
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NOVEMBER	2 Direct Work Tools	3 School Anxiety and Refusal	4	5 Contextual Safeguarding
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	23 Strength in Relationships Practice Model	24 Adverse Childhood Experience (ACEs)	25 Direct Work Tools	26 Early Help Overview and Early Help Assessment Early Help for Early Years Providers
	30 Running Successful Team around the Family Meetings (TAF)			
DECEMBER		1 Having Difficult Conversations with Parents	2 Adverse Childhood Experiences (ACEs)	3 Family Networks
	7 Family Networks	8 Contextual Safeguarding	9 Early Help Overview and Early Help Assessment Early Help for Early Years Providers	10 Parental Conflict

Please ring one of the following numbers to book a place on any of the sessions.
Once booked you will be sent an email confirmation with a link to join the session.

Early Help Central, Selby, Hambleton, Richmondshire 01609 534829
Early Help West, Harrogate, Knaresborough, Ripon, Craven 01609 534842
Early Help East, Scarborough, Ryedale, Whitby 01609 534852

Please note all sessions will be delivered virtually and will run from 4.00pm - 5.00pm

www.safeguardingchildren.co.uk/professionals/early-help/

Training Session Offer	Dates & Time	Session Synopsis and Notes
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Please note all sessions will be delivered virtually and will run from 4.00pm - 5.00pm

Early Help Event	Thurs 24/9/20 Tues 29/9/20 Thurs 01/10/20	By attending one of these events you will gain: advice and understanding on how to identify and respond to children and young people's needs at this challenging time; hear from other schools and early years providers who have developed creative ways to support children and families and the positive impacts of working together using a strength based practice model.
Overview of Virtual Sessions	Mon 5/10/20 Tues 6/10/20 Wed 7/10/20	An overview of the virtual sessions available to children, young people and parents, including parenting, speech and language and emotional well-being. This session will let you know how to book families on to the courses and provide you with further details of course content.
Early Help Overview and Early Help Assessment	Mon 19/10/20 Tues 10/11/20 Thurs 26/11/20 Wed 09/12/20	Are you concerned or worried about a child in your care? This is your chance to find out how to identify what support a child and family might need by using the Early Help Assessment tool to explore what is going on for them and how to go about helping their situation.
Early Help for Early Years Providers	Mon 19/10/20 Tues 10/11/20 Thurs 26/11/20 Wed 09/12/20	Are you concerned or worried about a child in your care? This is your chance to find out how to identify what support the child and family might need by using the Early Help Assessment tool to explore what's going on for them and how to go about helping their situation.
Running Successful Team Around the Family Meetings (TAF)	Mon 12/10/20 Thurs 15/10/20 Tues 17/11/20 Mon 30/11/20	Supporting families in helping their children overcome worries or concerns can be daunting, particularly if there are difficult stories or differences in opinion. Getting everyone on the same page in order to make positive changes for a child is all in the art of successfully facilitating a Team Around the Family meeting. This session will help you understand how the Signs of Safety approach can be used to improve outcomes for children, young people and their families.
Direct Work Tools	Tues 20/10/20 Mon 02/11/20 Wed 25/11/20	You know there is something not quite right but you are not sure how to find out what is worrying the child. The Direct Work Tools are just what you need. This session introduces you to tried and tested tools that will enable you to learn what is going on for the child and how to help them start their journey towards positive change.
Strength in Relationships Practice Model	Thurs 08/10/20 Wed 14/10/20 Mon 23/11/20	This session provides an insight into the strength based principles to support positive relationships between children and their families / carers and other significant adults in their lives. During the session you will learn how to initiate change through sharing and respecting the stories of all involved to enable a constructive way forward so we "shift not shatter" the pathway towards long term stability and resilience.
Parental Conflict	Tues 13/10/20 Mon 16/11/20 Thurs 10/12/20	<i>You could cut the atmosphere with a knife!</i> For lots of children parental conflict is part of everyday life and, more often than not, parents are not aware of the potential impact it has on their children. Work, finances and household chores are just a few of the competing elements that can cause tensions to rise, disagreements to escalate and arguing to become commonplace. This session is all about how professionals can recognise and understand the impact of parental conflict on a child's well-being and how to support families to make positive changes.
Adverse Childhood Experience (ACEs)	Thurs 22/10/20 Tues 24/11/20 Wed 02/12/20	This session will explain Adverse Childhood Experiences and help you understand the impact they have, and may be having, on a child's well-being and life chances. It will also provide an insight into why some children behave as they do and provide strategies for support.
School Anxiety and Refusal	Wed 21/10/20 Tues 03/11/20 Thurs 19/11/20	Maintaining positive mental health and wellbeing is complex, in particular coping with the things that make us anxious. For many families, returning to school after lockdown has heightened levels of anxiety and, for a few, those anxieties can ultimately lead to school refusal. This session will explore co-regulation of managing stress levels and low arousal approaches towards co-operative compliance, in order to encourage and promote self-regulation.
Having Difficult Conversations with Parents	Mon 12/10/20 Thurs 12/11/20 Tues 01/12/20	Does this sound familiar? You are going to arrange a meeting with a family and you know that it is going to be very difficult or they may not even attend! This session will help you explore how to start rebuilding relationships to work towards positive engagement and positive change.
Family Networks	Wed 11/11/20 Thurs 03/12/20 Mon 07/12/20	The saying "It takes a village to raise a child" is still very true today and many parents need support from within their family or in the wider community. This session will explore the intricacies of family networks, which can be a bit of a minefield as family relationships are multi-faceted and complex. We will consider how to find out who are the important players in a child's life and why they matter, who would help support the child if asked and what would they want them to offer.
Contextual Safeguarding	Thurs 05/11/20 Wed 18/11/20 Tues 08/12/20	This session is aimed at education settings in line with Keeping Children Safe in Education. All staff, but especially the Designated Safeguarding Lead (or Deputy), should be considering the context within which incidents and/or behaviours of concern occur. This is known as contextual safeguarding, which simply means assessments of children should consider whether wider environmental factors are present in a child's life that are a threat to their safety and/or welfare.