



Dear Headteacher,

RE. Opportunity to take part in a national study about the National Child Measurement Programme (NCMP) – for primary schools who are still to have their NCMP visits (before July 2026) - £150 Incentive is available for each school

We are writing to invite your school to take part in an exciting new research study led by UCL, Durham, and Newcastle Universities, in partnership with North Yorkshire Council. It will provide your year 6 pupils with the opportunity to share their experiences of being weighed and measured as part of the NCMP, which will help to improve the service for children in the future.

The study was commissioned by the Department of Health and Social Care and funded by the NIHR. It is evaluating the National Child Measurement Programme (NCMP), with one strand focusing specifically on how acceptable children find the height and weight measurement process.

What would participation involve?

- Year 6 pupils would be invited to complete a very short survey immediately after their NCMP measurement.
- The survey should take no more than 5 minutes to complete.
- Schools to provide access to a school tablet/PC in a quiet area with the survey downloaded for the children to complete.
- It is delivered with the support of the NIHR Research Delivery Network team.
- Parental consent is opt-out, and all information sheets will be provided in advance.

Please see the attached document for more details about the study.

We hope you will consider joining us in this important work to support children's health and wellbeing. **If you would like to find out more, please contact Carla Bratten Carla.bratten@nihr.ac.uk and Jamie Calderwood jamie.calderwood@nihr.ac.uk and we'll be happy to provide further information.** We are also happy to have an informal online meeting to discuss if preferred.

Warm regards,

Sarah Marriott

On behalf of the IMPACT-NCMP research team, University College London

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NIHR Research Delivery Network team:

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