

PRIORITY SELECTION REPORT



Generated on Tuesday, 17 February 2026

Methodology

Children and Young People, representing a wide range of experiences, attended the **'Nothing About Us Without Us'** (NAUWU) Children and Young People's Mental Health Advisory Group's **'Winter Event'** in York on 17th February 2026, to shape mental health services and support for Children and Young People across Humber and North Yorkshire.

To support an engaging and inclusive decision-making process, a digital tool created by one of the young attendees was used to structure the activity. The tool followed a 'World Cup'-style knockout format, with priorities seeded based on the number of times they were suggested and paired in head-to-head discussions.

Each round was decided through group voting, gradually narrowing the list to a final set of four key priorities. The results are listed below, including match outcomes, vote counts, and the full decision chart.

This approach encouraged focused conversations about which priorities were likely to have the greatest positive impact on young people's mental wellbeing.

For further information about **'Nothing About Us Without Us'** please contact: Be.Heard@nhs.net.

The Top 4 Priorities

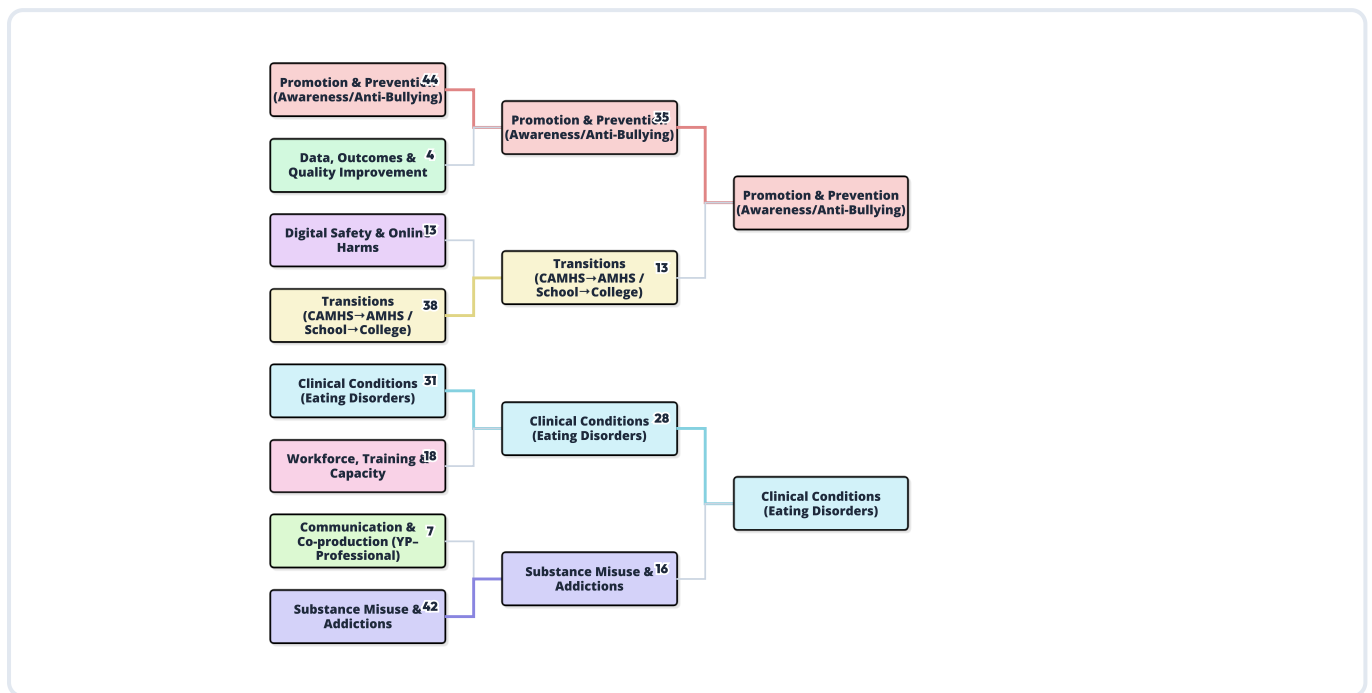
**Promotion & Prevention
(Awareness/Anti-Bullying)**

**Clinical Conditions (Eating
Disorders)**

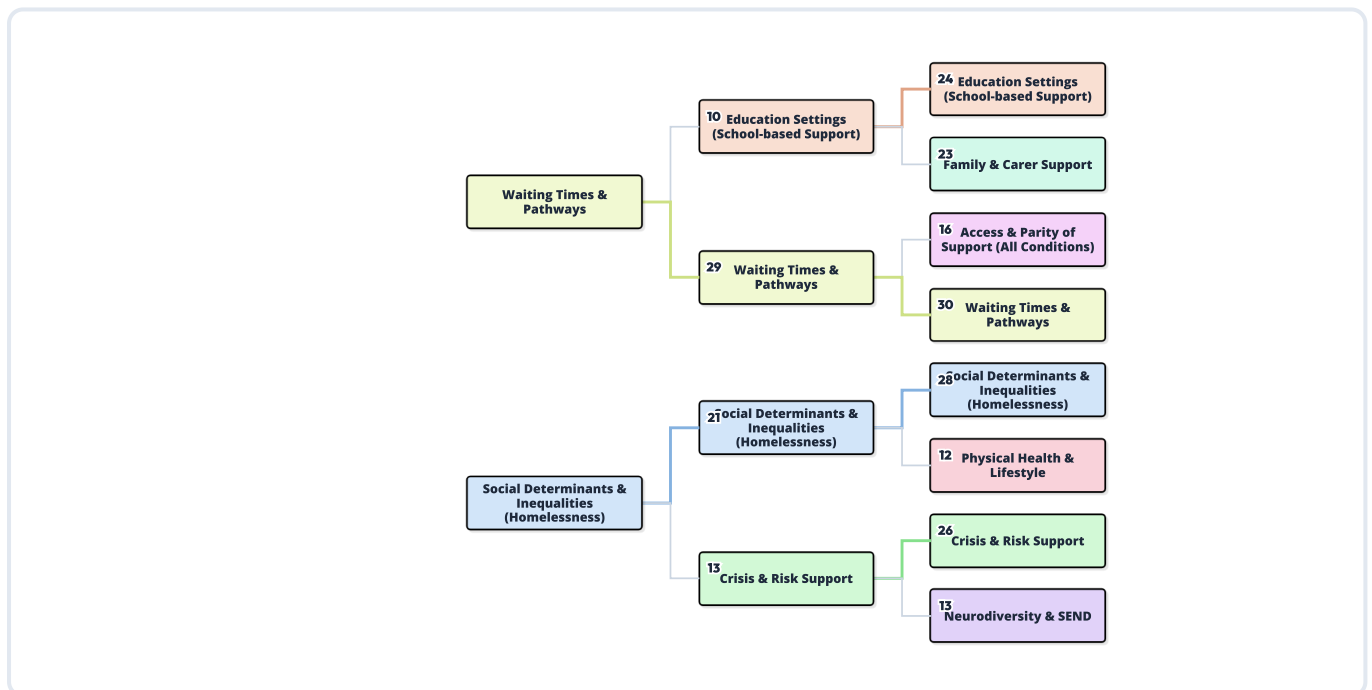
Waiting Times & Pathways

**Social Determinants &
Inequalities (Homelessness)**

Decision Map (Left Bracket)



Decision Map (Right Bracket)



Match Data Log

Option A	Score	Option B
Promotion & Prevention (Awareness/Anti-Bullying)	44 - 4	Data, Outcomes & Quality Improvement
Digital Safety & Online Harms	13 - 38	Transitions (CAMHS→AMHS / School→College)
Clinical Conditions (Eating Disorders)	31 - 18	Workforce, Training & Capacity
Communication & Co-production (YP-Professional)	7 - 42	Substance Misuse & Addictions
Education Settings (School-based Support)	24 - 23	Family & Carer Support
Access & Parity of Support (All Conditions)	16 - 30	Waiting Times & Pathways
Social Determinants & Inequalities (Homelessness)	28 - 12	Physical Health & Lifestyle
Crisis & Risk Support	26 - 13	Neurodiversity & SEND
Promotion & Prevention (Awareness/Anti-Bullying)	35 - 13	Transitions (CAMHS→AMHS / School→College)
Clinical Conditions (Eating Disorders)	28 - 16	Substance Misuse & Addictions
Education Settings (School-based Support)	10 - 29	Waiting Times & Pathways
Social Determinants & Inequalities (Homelessness)	21 - 13	Crisis & Risk Support