

## BEAM: Understanding children's experiences of the National Child Measurement Programme Information for Local Authorities

BEAM is part of the national IMPACT-NCMP study, a major evaluation of the National Child Measurement Programme (NCMP), commissioned by the Department of Health and Social Care and funded by the NIHR.



### What is BEAM?

**BEAM (WP1d)** is a short survey for Year 6 pupils, completed immediately after they have had their height and weight measured as part of the NCMP.

It explores how children feel about the measurement experience and what could be done to make it better. Children's voices will help inform how the NCMP is delivered in the future.



### Why is it important?

- ✓ Ensures the voices of local children help inform national and local decision making.
- ✓ Supports important national research.
- ✓ Provides evidence on children's experiences of the NCMP and how it can be improved.
- ✓ Demonstrates your local authority's commitment to supporting children's wellbeing.



### What happens in schools?

- 1 The NCMP is carried out as normal by the school nursing team.
- 2 A researcher from the Research Delivery Network (RDN) invites eligible Year 6 pupils to complete a short survey on a tablet.
- 3 The survey takes just a few minutes and includes simple questions and optional free text answers.
- 4 Parental consent is opt-out. Children are also asked if they want to take part (if they want).
- 5 The research team manages all aspects of survey delivery in school.



### What does the Local Authority need to do?

- ✓ Promote the study to schools in your area.
- ✓ Support communication between the NCMP delivery team and the RDN.
- ✓ Enter into a Data Sharing Agreement (DSA) to support linkage with NCMP data.
- ✓ Help facilitate the sharing of NCMP data for Year 6 pupils taking part.
- ✓ The RDN and research team will lead on school recruitment and survey delivery, minimising the burden on LA staff and schools.



### About IMPACT-NCMP

BEAM is part of IMPACT-NCMP, a national study evaluating the NCMP. It is examining the impact of measuring children's height and weight on children's health and wellbeing, mapping different approaches to delivery, and assessing the cost-benefits of these approaches.

The study is led by UCL, with academic partners at the Universities of Birmingham, Durham and Newcastle.



### Contact us

For more information about BEAM or to discuss supporting the study in your area, please contact:

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We would be happy to answer any questions.

*Children's experiences  
today. Healthier tomorrows.*

