



Department  
for Education

# **Free school meals**

**Guidance for local authorities,  
maintained schools, academies and  
free schools**

**June 2025**

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# Summary

## About this guidance

This is guidance from the Department for Education. This advice is non-statutory, and is designed to help recipients understand their obligation to provide free school meals to disadvantaged pupils in maintained schools, academies, and free schools in England.

This guidance can be read alongside technical guidance on the Department's Eligibility Checking System (ECS) and guidance on free meals in Further Education.

## What legislation does this guidance refer to?

- The Education Act 1996
- The Welfare Reform Act 2012
- Children and Families Act 2014

## Who is this guidance for?

- Local authorities
- School leaders, school staff and governing bodies in all maintained schools, academies and free schools

## Main points

- The Government recognises the benefits of providing a healthy school meal to the most disadvantaged pupils. The Education Act 1996 as amended, places a duty on maintained schools, academies and free schools to provide free school meals to pupils of all ages that meet the criteria.
- Transitional protections for free school meals have been in effect since 1 April 2018. This means that pupils becoming eligible for free meals under the benefits-based criteria have continued to receive this entitlement, even if their household circumstances have changed.
- Transitional protections were introduced alongside the current £7,400 earned income threshold for households on Universal Credit to be eligible to receive free school meals, and were intended to provide certainty for families during the rollout of Universal Credit.
- Transitional protections have been extended until the end of the 2025/26 school year. All pupils becoming eligible for free school meals under the benefits-based criteria, should continue to receive this entitlement, regardless of any change in household circumstances or phase of education until the end of the 2025/26 school year.

- From the start of the 2026/27 school year, the Department for Education will introduce new eligibility criteria meaning that all children from households in receipt of Universal Credit will be entitled to receive a free meal. It is our intention to end transitional protections alongside this change in threshold, with eligibility for all pupils reverting to whether they meet the eligibility criteria regardless of whether they were previously protected. We will issue further guidance ahead of September 2026.

## Eligibility criteria for free school meals

Section 512 of the Education Act 1996, as amended, places a duty on maintained schools, academies and free schools to provide free school meals to pupils of all ages that meet the criteria.

### Who is eligible for free school meals?

Free school meals are available to pupils in receipt of, or whose parents are in receipt of, one or more of the following benefits:

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit

In addition, the following pupils will be protected against losing their free school meals:

- Since 1 April 2018, all existing free school meals claimants have continued to receive free school meals whilst Universal Credit is rolled out. This applies regardless of any change in household circumstances, including if their earnings rise above the threshold during that time. Protections will remain in place until the end of the 2025/26 school year.
- From the start of the 2026/27 school year, the Department for Education will extend entitlement to free school meals to include all children from households in receipt of Universal Credit. It is our intention to end transitional protections alongside this change in threshold, with eligibility for all pupils reverting to whether they meet the eligibility criteria, regardless of whether they were previously protected. We will issue further guidance ahead of September 2026.

A pupil is only eligible to receive a free school meal when a claim for the meal has been made on their behalf and their eligibility, or protected status, has been verified by the school where they are enrolled or by the local authority.

## **Transitional Protections**

Transitional protections apply from 1 April 2018, until the end of the 2025/26 school year. Pupils becoming eligible for free school meals under the benefits-based criteria in this time, will continue to receive free meals until the end of the 2025/26 school year.

This applies, regardless of any change in household circumstances, including an increase in earnings above the eligibility threshold.

From the start of the 2026/27 academic year, it is the Department for Education's intention that all protections will be discontinued, alongside an extension to the eligibility criteria for free school meals. From this point, households must meet the eligibility criteria to be entitled to free school meals.

## **Rechecking Eligibility**

While transitional protections are in effect, schools and local authorities do not need to keep eligibility for free school meals under continued review. This applies until the end of the 2025/26 school year.

It is the Department for Education's intention to discontinue transitional protections from the start of the 2026/27 school year. From this point, households will need to meet the eligibility criteria in order to be entitled to a free meal.

From the beginning of the 2026/27 academic year, schools and local authorities will need to keep free school meal eligibility under continued review. Schools and local authorities should recheck eligibility for all pupils in receipt of free meals, ahead of the October census.

The Department does not expect rechecks of eligibility to be carried out more than once a year to prevent families from experiencing any sudden loss of entitlement during the school year. We will issue further guidance on this in due course.

## Children receiving education otherwise than at school (EOTAS)

Under section 61 of the Children and Families Act 2014, local authorities can arrange for 'any special educational provision' for children and young people otherwise than in school in circumstances where it would be 'inappropriate' for the provision to be made in school – referred to as 'EOTAS'<sup>1</sup>. These packages of support are put in place by local authorities, typically as part of a child's education, health and care plan (EHCP).

No specific provision is made in legislation for free school meals to be provided to children who are in receipt of EOTAS.

We expect local authorities to consider making equivalent food provision for children who are receiving EOTAS under section 61 of the Children and Families Act 2014 who meet both of the following criteria:

- the child would meet the benefits-related criteria for free school meals if they were in a state-funded school (for more information see pages 5-8 of this guidance)

*and*

- the meals would be provided in conjunction with education and would, in line with the aim of free school meal provision, be for the purpose of enabling the child to benefit fully from the education being provided.

Once this consideration has been made, local authorities should then assess the individual circumstances of the child to decide whether and how such provision can be made.

In considering their approach to making food provision for relevant children, and in making decisions on particular cases, local authorities should act in accordance with the Human Rights Act and the European Convention on Human Rights and comply with the public sector equality duties.

Local authorities may draw upon the Dedicated Schools Grant (DSG) in order to fund such food provision. Paragraph 34 of Schedule 2 to The School and Early Years Finance and Childcare (Provision of Information About Young Children) (Amendment) (England) Regulations 2024, permits expenditure incurred in relation to, or in connection with, education provided other than at a school or post-16 institution under section 61 of the Children and Families Act 2014 to be retained centrally from the DSG by a Local Authority.

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<sup>1</sup>EOTAS is distinct from elective home education, where parents have chosen to provide education for their children at home or elsewhere instead of sending them to school full time.

## Assessment of earnings for Universal Credit recipients

Applicants for free school meals who are in receipt of Universal Credit must have an equivalent annual net earned income of no more than £7,400 in order to be eligible for free school meals. The monthly checking arrangements outlined below are designed to take into account claimants whose earnings may fluctuate on a monthly basis.

- Firstly, a Universal Credit claimant will be checked for monthly net earned income not exceeding £616.67 (a twelfth of an equivalent yearly income of £7,400) in their most recent Universal Credit assessment period. If they meet this criterion, they are eligible for free school meals and no further checks are necessary;
- If their earned income exceeds the above threshold for their most recent Universal Credit assessment period, the claimant will be checked for net earned income not exceeding £1,233.34 (a sixth of an equivalent yearly income of £7,400) in their two most recent assessment Universal Credit assessment periods, provided there are two such assessment periods. If they meet this criterion, they are eligible for free school meals and no further checks are necessary;
- If their earned income exceeds the above threshold for their two most recent Universal Credit assessment periods, the claimant will be checked for net earned income not exceeding £1,850 (a quarter of an equivalent yearly income of £7,400) in their three most recent Universal Credit assessment periods, provided there are three such assessment periods. If they meet this criterion, they are eligible for free school meals.
- If Universal Credit recipients do not meet any of these criteria, they will be ineligible for free school meals.

Only complete assessment periods will be checked.

A manual check will be required to determine eligibility for self-employed Universal Credit claimants. These claimants will need to provide evidence that:

- They are in receipt of Universal Credit, by providing their Universal Credit award letter;
- They are self-employed, by providing a copy of their company registration or tax return form;
- Their monthly net earnings do not exceed the threshold as set out above. Schools should request that self-employed claimants complete the self-declaration attached at Annex B and, once satisfied that they are eligible, provide free school meals to their child/children.

Schools or local authorities seeking further guidance on this process can contact the Eligibility Checking System helpdesk.



## Checking eligibility

The responsibility for checking the eligibility of applicants for free school meals rests with the individual school. However, many schools will choose to work with local authorities to carry out these checks via our simple Eligibility Checking System.

Schools and local authorities, where appropriate, should record the date on which they receive the initial application for free school meals from a parent or guardian. Eligibility checks should be carried out promptly to ensure that the most accurate and up-to-date information is being utilised.

Schools may choose to receive applications by paper or online. Whilst online applications can be more efficient, schools and local authorities should have an alternative system for those who cannot access an online system. A model template for paper-based applications can be found at Annex A and online [here](#).

## Eligibility Checking System

All local authorities have access to the Department's Eligibility Checking System (ECS), which provides a simple and rapid online portal for determining households' eligibility for free school meals, and other early education entitlements.

The ECS allows local authorities to quickly check data held by the Department for Work and Pensions, the Home Office and HMRC to establish eligibility for free school meals. This system has been updated to reflect the new eligibility criteria and will conduct a check under Universal Credit by looking back at up to three months of assessment periods to determine eligibility. Local authorities can find further guidance on the ECS Knowledge Hub, which is available on the ECS [portal](#).

Maintained schools, academies and free schools are all able to use the ECS through local authorities.

If a parent feels that the result returned by the ECS is inaccurate, they may provide the equivalent paper-based evidence to their local authority who must then complete a manual check.

- For Universal Credit recipients, this check should assess the earned income from the months provided against the thresholds stated above for the relevant assessment periods.
- For recipients of other benefits, the check should assess whether the claimant is currently in receipt of the stated benefit and, in the case of Child Tax Credit, that their annual gross income is no more than £16,190.

Applicants must provide appropriate paper based evidence from the list below. Local authorities can award free school meals if they are satisfied that the paper based evidence demonstrates that the eligibility criteria are met. Evidence should be retained for audit purposes.

### **Paper-based evidence**

There may be instances when parents need to submit paper-based evidence in support of their free school meals claim. This may be especially relevant for families claiming under income-based benefits, or when they are unable to submit information through the online Universal Credit system.

For families that might be eligible for free school meals under Universal Credit, applicants should provide:

- a copy of their Universal Credit award statement (from their most recent assessment period(s) – going back a maximum of three assessment periods).

The three relevant Universal Credit assessment periods would be the three complete assessment periods which immediately preceded the date on which the parent requests free school meals.

For families that are eligible for free school meals under Child Tax Credit or a legacy benefit, applicants should provide:

- a letter from Jobcentre Plus confirming eligibility or Income Support payment book;
- a final Tax Credit Award Notice (TC602) from HM Revenue & Customs.

For families that are eligible for free school meals under Part VI of the Immigration and Asylum Act 1999 or the guarantee element of the Pension Credit, applicants should provide:

- a letter from the Home Office stating that they are receiving support under Part VI of the Immigration and Asylum Act 1999;
- a 'Pension Credit M1000 Award Notice' clearly showing details of any Guarantee Pension Credit in payment.

Further details on eligibility for free school meals for families with no recourse to public funds (NRPF) [can be found here](#).

### **Encouraging free school meal registration**

We want to make sure as many eligible pupils as possible are claiming their free school meals, and to make it as simple as possible for schools and local authorities to determine eligibility.

To receive free school meals, a claim must be made by the pupil, their parent or another responsible adult, before the pupil becomes entitled. We know that many schools and

local authorities have established very effective ways to encourage all eligible families to register for free school meals.

The Department provides the Eligibility Checking System (ECS) to make the checking process as quick and simple as possible for schools and local authorities.

To encourage parents and guardians to register for free school meals, schools and local authorities may wish to use our updated model registration form for paper-based applications at **Annex A**. We will continue to highlight and disseminate best practice from the schools and local authorities who are most effective at encouraging free school meal registration on Gov.uk and through our newsletters.

We also provide guidance to Jobcentre Plus advisers and work coaches so that they can make Universal Credit recipients aware that they might also be entitled to free school meals.

## **Arrangements for providing meals**

### **Alternative arrangements to providing meals in school**

In meeting their legal duties to provide free meals to eligible children, we expect schools to routinely offer a healthy and nutritious meal in school for their pupils. We recognise, however, that in limited exceptional circumstances, this may not always be possible – such as during school closures as a result of unavoidable school building closures and/or attendance restrictions. For such temporary circumstances, where education is still being provided, alternative arrangements can be made such as the provision of food parcels or vouchers.

### **Duty to make reasonable adjustments for disabled children**

There may also be specific instances where the individual needs of pupils on roll at a school restrict them from accessing meals. This may be as a result of their disability. Schools have a duty under the Equality Act 2010 to make ‘reasonable adjustments’ for disabled pupils to prevent them being put at a substantial disadvantage in comparison with pupils who are not disabled.<sup>2</sup> For schools, this includes taking reasonable steps to avoid a disadvantage arising from a provision, criterion or practice applied by them; and, where the absence of an auxiliary aid would give rise to a disadvantage, to take reasonable steps to provide the auxiliary aid. This is an anticipatory duty and so schools need to actively consider whether any reasonable adjustments are needed in order to avoid any disadvantage that may otherwise occur.

Schools are required to make reasonable adjustments for disabled pupils on roll at a school to ensure they are not put at a substantial disadvantage in relation to accessing meals where appropriate. This includes disabled pupils who are eligible for free school meals.

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<sup>2</sup> [Equality Act 2010 \(legislation.gov.uk\)](https://www.legislation.gov.uk)

Schools are required to make such adjustments as are reasonable to enable such pupils to access their free school meal entitlement.

Schools should work with the pupil, their family and any other professionals involved, to agree the necessary support.

Schools are best placed to determine the exact nature of a reasonable adjustment in relation to food provision, taking into account the individual circumstances of the child and their family, as well as schools' obligations under the School Food Standards<sup>3</sup>. It is good practice for the school to make a record of what reasonable adjustments have been agreed and ensure that all staff who work with the individual pupil are aware.

It is also recommended that the reasonable adjustments are regularly reviewed to make sure that they are effectively helping individual pupils while at school. The support should be adjusted if the individual pupil's needs change.

Where a child has Special Educational Needs (SEN) and is either in receipt of SEN Support or has an education, health and care plan (EHCP), the disadvantage they experience may be overcome by support received under the SEN framework. In other cases, a disabled pupil may need reasonable adjustments to be made in addition to their special educational provision. It may be appropriate to review such adjustments with the parent either through the regular SEN Support meetings or the formal EHCP reviews.

### **Illustrative examples of reasonable adjustments (not exhaustive)**

A child has Autism which results in sensory processing difficulties leading to a restricted diet. As a result, the child is unable to access free school meals which comply with the relevant food standards. The school, having engaged with the parent/carers and the child, determines that a suitable reasonable adjustment would be to issue food vouchers to the child's parents so they can provide a packed lunch that the child will eat.

A child has Avoidant Restrictive Food Intake Disorder (ARFID) and therefore will only eat a particular type of sandwich. The child is therefore unable to access free school meals that the school provides which comply with the relevant food standards. The school, having engaged with the parent/carers and the child, determines that a suitable reasonable adjustment would be to provide the particular type of sandwich that the child eats on a daily basis so that the child doesn't go hungry.

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<sup>3</sup> [School food standards: resources for schools - GOV.UK \(www.gov.uk\)](https://www.gov.uk/school-food-standards)

## **Making alternative arrangements for non-disabled children**

Schools are not obliged to make reasonable adjustments for children who are not disabled.

However, Section 100 of the Children and Families Act 2014 places a duty on governing bodies of maintained schools, proprietors of academies and management committees of PRUs to make arrangements for supporting pupils at their school with medical conditions – which may be food-related, for example a pupil may have a food allergy. Schools should similarly therefore take appropriate action in supporting such pupils to access food provision.

## **Further information and advice**

For more information on reasonable adjustments please see:

[Equality Act Guide for Schools - Council for Disabled Children](#)

[Reasonable adjustments for disabled pupils - Guidance for Schools in England - Equality Human Rights Commission](#)

For pupils with medical conditions, including allergies please see: [Supporting pupils with medical conditions at school - GOV.UK \(www.gov.uk\)](#)

For more information on supporting pupils with allergies, please see [Allergy guidance for schools - GOV.UK \(www.gov.uk\)](#)

For more information on the School Food regulations, please see [School food standards: resources for schools - GOV.UK \(www.gov.uk\)](#)

For children who cannot attend school due to health needs, please see [Education for children with health needs who cannot attend school - GOV.UK \(www.gov.uk\)](#)

# Free school meals for infants and 16-18 year-olds

## Universal Infant Free School Meals

Since September 2014, state funded schools in England have been required by law<sup>4</sup> to provide free lunches to pupils in reception, year 1 and year 2, who are not otherwise entitled to benefits-related free school meals. Like other school meals, universal infant free school meals must meet school food standards in maintained schools; similarly academies and free schools are required to comply with the standards.

Further guidance on funding arrangements for universal infant free school meals is available [here](#). An online toolkit to help schools deliver universal infant free school meals available [here](#).

## Free meals in Further Education

The 1996 Education Act requires further education (FE) funded institutions to provide free meals to disadvantaged students. Further guidance on eligibility criteria and funding arrangements for free meals in further education is available [here](#).

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<sup>4</sup> Children and Families Act 2014

## Further information

### Useful resources and external organisations

- [Online toolkit for Universal Infant Free School Meals](#)

### Other relevant departmental advice and statutory guidance

- [Eligibility Checking Service guidance](#)
- [Guidance for local authorities on pre-16 schools funding](#)
- [16 to 18 education: free meals in further education](#)

### Other departmental resources

- [Free school meals and pupil premium: model registration form for schools](#)

## Annex A: Model registration form for free school meal eligibility

Dear Parent/Guardian,

We want to make sure that we are providing your child with the best education and support we can. Healthy school food has obvious health benefits and can help pupils establish healthy habits for life. Healthy school food can also help to improve pupils' readiness to learn.

Families who receive certain benefits may be eligible for free school meals. Your child is eligible for free school meals if you're in receipt of one of the following benefits:

- Universal Credit with an annual net earned income of no more than £7,400, before benefits are taken into account.
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part 6 of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Working Tax Credit run-on (paid for the four weeks after you stop qualifying for Working Tax Credit)
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190

Registering for free meals could also raise additional pupil premium funding for your child's school, to fund valuable support like extra tuition, additional teaching staff or after school activities.

This additional money is available from central government for every child whose parent is receiving one of the benefits listed above.

To check if your child is eligible, we need information about you and your child. Please complete this form and return to your child's school by **[date]**.



## ABOUT YOUR CHILD/CHILDREN

Child's Last Name	Child's First Name	Child's Date of Birth DD/MM/YYYY	Name of School

## PARENT/GUARDIAN DETAILS

	Parent/Guardian 1	Parent/Guardian 2
Last name		
First Name		
Date of Birth DD /MM/YYYY		
National Insurance Number*		
National Asylum Support Service (NASS) Number		
Daytime Telephone Number		
Mobile Number		
Address	Postcode:	Postcode:

## FAMILY INCOME AND BENEFIT DETAILS

If you receive any of the benefits listed below, please place an X in this box.

☐

- Income Support
- Income-based Jobseekers Allowance
- Income-related Employment and Support Allowance
- Support from NASS under part 6 of the Immigration and Asylum Act 1999
- the guarantee element of Pension Credit
- Child Tax Credit (with no Working Tax Credit)
- Working Tax Credit run-on
- Universal Credit.

### Universal Credit

If you are in receipt of **Universal Credit**, is your net earned family income over £7,400 per year? (Please place an X in the appropriate box).

Your net earned income is your household income after taxes and deductions. It does **not** include income through Universal Credit or other benefits that you may receive.

Yes ☐ No ☐ Unsure ☐

### Child Tax Credit

If you are in receipt of Child Tax Credit, is your joint gross annual income over £16,190 per year? (Please place an X in the appropriate box).

Your joint gross income is your household income before taxes are taken into account.

Yes ☐ No ☐ Unsure ☐

If you're not sure whether you receive one of the listed benefits, or what your household income is, but you would still like us to check whether your child is eligible for free school meals, please

place an X in this box. ☐

## DECLARATION

The information I have given on this form is complete and accurate. I understand that my personal information is held securely and will be used only for local authority purposes. I agree to the local authority using this information to process my application for free school meals. I also agree to notify the local authority in writing of any change in my family's financial circumstances as set out in this form.

Signature of parent/guardian: .....

Date:.....

**Thank you for completing this form and helping to make sure your child's school is as well funded as possible.**

### **How the information in this form will be used**

The information you provide in this form will be used by the council to confirm receipt of one of the listed welfare benefits. Once this is confirmed, this helps to decide how much money your child's school will receive each year.

The information will also be used to determine whether your child is eligible to receive free school meals.

You only need to complete this form once. Subsequent rechecks of your eligibility will be carried out annually to assess whether you continue to be eligible for free school meals. Should you move your child to a new school, your child's new school may proactively assess whether you continue to be eligible for free school meals. You should contact the school or local authority if you have a change in financial circumstances.

We are committed to ensuring that the personal and sensitive information that we hold about you is protected and kept safe and secure, and we have measures in place to prevent the loss, misuse or alteration of your personal information. We will use the information you provide to assess entitlement to free school meals. The information may also be shared with other Council departments to offer benefits and services.

## Annex B: Self-employment declaration form

### Free school meals – self-employment eligibility declaration form

This form is for completion by self-employed parents claiming free school meals eligibility for their child/children. Parents should provide evidence demonstrating that they are in receipt of Universal Credit (such as their Universal Credit award letter), that they are self-employed (such as their company registration form or tax return) and that their net earned income has not exceeded either £616.67 over the previous month, £1,233.34 over the previous two months, or £1,850 over the previous three months. This evidence should take the form of monthly accounts, like those provided on a monthly basis to DWP, supported by actual receipts where requested.

#### Universal Credit eligibility

I have attached evidence proving that I am in receipt of Universal Credit **Y/N**

#### Self-employment status

I have provided evidence proving that I am self-employed **Y/N**

#### Earnings

I have provided evidence that my net earnings over the period / \_\_\_\_\_ / \_\_\_\_ -  
\_\_\_\_/\_\_\_\_/\_\_\_\_ were £\_\_\_\_\_ **Y/N**

(If net earnings for the latest month exceed £616.67, fill out details for the latest two months. If net earnings for the latest two months exceed £1,233.34, fill out details for the latest three months)

#### Declaration

I certify that the information I have provided is complete and correct and understand that it is fraudulent to give false information. I agree that the information provided with this form can be used to check my child/children's eligibility for free school meals.

**Printed Name:**

**Signature:**

**Date:**



Department  
for Education

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