

Young People's Autumn Newsletter

October 2025

Welcome to our Autumn Young People's Newsletter.

We've helped lots more families this year.

More people are asking us for support, and we've had 15% more cases for our team to work on.

Our Advice Line is also getting more calls—about 25% more than last year!

We're still running online training for parents, carers, and professionals.

These sessions are popular and many people join in.

Our Facebook page now has over 5,000 followers!

If you don't follow us yet, please do. We share helpful tips, links, and news about SEND (Special Educational Needs and Disabilities) in North Yorkshire



Have you visited our website?

We have a whole section on our website full of information and resources for Young People.

Take a look [here](#)

Today is
a perfect
day to be
proud of all
the progress
you have
made♥



What's On This Autumn?

North Yorkshire is buzzing with exciting events this season! Whether you're into theatre, festivals, or spooky fun, there's something for everyone:

🎭 The Wizard of Oz - Grand Opera House, York (12-20 Sep)

🪁 Filey Kite Festival - Filey Brigg Country Park (20-21 Sep)

🎃 Pumpkin Festivals - Monk Park Farm, Spilmans in Thirsk, Lotherton Hall & Thornton Hall Country Park (late Sep-Oct)

👁️ Halloween at York Maze - For ages 10-15 (25-31 Oct)

🎪 Wizard Academy - Monk Park Farm (25 Oct-2 Nov)

🎵 Trick or Treat Street at William's Den - Halloween fun for all ages (24-31 Oct)

🐼 Nidderdale Agricultural Show - Pateley Bridge (21 Sep)

🎨 Web'oween at The Web Adventure Park - Rides, pumpkins, and entertainment (Oct half term)

[Full list of events here.](#)



Youth Services & Support

Need help or want to get involved?

North Yorkshire Youth Directory - Find local clubs, activities, and services near you.

Being Young in North Yorkshire Strategy - Learn how your voice shapes local services.

Compass Phoenix - Support for emotional wellbeing and substance use (ages 9-25).

NY Rise - Early intervention for drug and alcohol support.

Visit the Youth Directory [Here](#)

Mental Health & Wellbeing

Your wellbeing matters.

Here's where to find support:

Compass REACH - Early help for mild to moderate mental health needs.

Childline - Free, confidential support anytime:

☎ 0800 11 11

CAMHS Crisis Line - NHS

111 (select mental health option)

Volunteering & Training Opportunities

- Make a difference this autumn:
- Youth Voice Executive - Help shape decisions in your community.
- Buddy Network & Independent Visitors Scheme - Support other young people.
- Library & Countryside Volunteers - Gain skills and meet new people.
- VINY Portal - Find roles by interest or location.

Learn More [here](#)



The Go-To

For healthy minds in North Yorkshire



The Go-To website is the home of wellbeing and mental health for young people in North Yorkshire.

We're here to signpost young people, parents, carers and professionals to the right help and support.

Visit www.thegoto.org.uk



Visit The Go-to website for information on support for young people's mental health in North Yorkshire

The Go-To

Upcoming SENDIASS Events

We have various online training sessions available to book via our website. Take a look at our upcoming sessions here:

Events

Requesting an Education, Health and Care Assessment (EHCAR request) Information Session.

Virtual Training Session for Parents and Carers.

Are you considering requesting an EHC Needs Assessment?

In this session we cover:

- What is an EHCP and an EHCAR?
- SEND Law on requesting an assessment.
- Who can request an assessment and when.
- What evidence is needed.
- How to complete the EHCAR form.
- The statutory timeline from requesting an assessment to a final EHC Plan being issued.



SEND Support in Mainstream Schools Virtual Information Sessions for Parents & Carers

Are you looking for advice on Mainstream SEND Support without an EHCP?

This session covers:

- What is SEND and Mainstream SEND Support?
- The law around SEND Support, school duties and reasonable adjustments.
- The Broad Areas of Need.
- The Graduated Approach.
- SEND Support Plans
- Attending meetings to discuss SEND Support



Draft Education, Health and Care Plan Virtual Information Session for Parents and Carers.

Do you need more information on Draft EHCPs and what a plan must contain?

Then come along to our brand new session on Draft Plans.

In this session we cover:

- What is a Draft EHC Plan?
- What does the Law say about Draft Plans?
- Sections of an EHCP
- Key things to consider when you receive a Draft Plan.
- What happens next?



Flying High

Flying High is a voice group especially for young people with Special Educational Needs and Disabilities (SEND) for ages 11 up to 25.

The group meet regularly to have a voice and make decisions on the services that affect them. Flying High is a diverse group of young people with SEND, catering for a range of additional needs.

Everyone is accepted, supported and highly valued. The group is always looking for new members and enjoys watching young people gain confidence and find new friends.

If you are interested in joining Flying High please email nyvoice@northyorks.gov.uk



HOW TO CONTACT US

Advice Line is open 9:30am–1pm Monday to Friday (excluding School Holidays)

Advice Line: 01609 536923

Advice Line Email:

info@sendiassnorthyorks.org

Our Website:

www.sendiassnorthyorkshire.co.uk

Facebook: @Sendiassnorthyorks

Instagram: @SendiassNY

YouTube: @SendiassNorthYorkshire