



Has your child had their eyes tested yet?



This leaflet provides important information on looking after your child's eyes and booking an eye test for children

Children in North Yorkshire should visit an optician for a free eye test

When should you get your child a free eye test?

Ideally children should start having regular eye tests from the age of 4. But they can be tested at any age, even if they can't read or speak.

How do you book a free child's eye test?

Please book your child an eye test at an opticians, even if you have no concerns about their vision. To do this contact your local opticians - use this link for local practices [Find an optician - NHS](#).

What will it cost?

Children under 16 are entitled to NHS-funded (FREE) eye tests. If your child needs glasses, they will receive a voucher to **help with the cost**.

Why should you get your child's eyes tested?

- ✓ Being able to see clearly will mean your child is able to learn and develop at school and socially.
- ✓ Eyes are still developing in early childhood. An eye test helps pick up and treat any problems. This can help to **avoid** or **prevent** longer-term eye problems.
- ✓ Even if you think your child has normal vision it is still important to get their eyes tested.
- ✓ They are no longer tested in school.