

Fostering North Yorkshire – making a difference that lasts a lifetime



Short Break Fostering for Disabled Children

Help us to make a vital difference to disabled children - and their families.

Would you like to experience the rewards of helping a child with a disability reach their full potential - knowing that you have allowed their parents to have a much needed rest?



As part of our Fostering Service, we offer pre planned short break support for children and young people with additional needs.

These fostering short breaks take place in the homes of approved short break foster carers who specialise in supporting disabled children and their families. Short breaks are generally for regular weekends or overnight stays and sometimes for outreach support or day care between overnight stays.

The aim is to ensure that the children have a positive experience, their needs are met and they are given the opportunity to access new experiences and meet new people. The skills, experience and interests of carers are matched with the needs and interests of the children.



Short break foster care is pre-planned and provides invaluable support to disabled children and their families who often find they all benefit from a break – this also helps to prevent family breakdown.

Short break carers are specially recruited, assessed, trained and supported. They may have experience of caring for children with additional needs in either their personal or work life but this is not essential, as appropriate training can also be provided.

Which children and young people can access short break support?

Eligible children are those who have:

- A physical disability;
- A learning disability;
- A sensory impairment;
- Complex needs—multiple impairments;
- Autism – children on the Autistic Spectrum;
- Complex health needs; or
- A combination of the above



What about support and training for me as a foster carer?

- We value our foster carers – so we'll make sure you have:
- the best training available, with opportunities for development
- great financial packages with generous tax free allowances
- support – most importantly, we'll be there when you need us – with our locally based social work teams, access to specialist services and a network of local foster carers for you to call on for help and advice.



Find out more about short break fostering with us at:

web: www.northyorks.gov.uk/fostering

email: fostering@northyorks.gov.uk