

Course	Date 1	Date 2	Date 3	Date 4
ACE's (Adverse Childhood Experiences)	Monday 25th January (16:00)	Saturday 27th February (10:00)	Monday 8th March (18:00)	Thursday 18th March (10:00)
Contextual Safeguarding	Wednesday 10th February (18:00)	Tuesday 9th March (16:00)	Monday 15th March (10:00)	
Direct Work Tools	Thursday 21st January (18:00)	Monday 1st February (16:00)	Thursday 11th February (10:00)	Saturday 27th February (10:00)
Early Help Assessments and Running Successful Team Around the Family	Wednesday 27th January (16:00)	Tuesday 23rd February (10:00)	Tuesday 23rd March (18:00)	
Early Help for Early Years Providers	Saturday 30th January (10:00)	Tuesday 9th February (18:00)		
Early Language Development and the Importance of Early Intervention	Wednesday 27th January (18:00)	Wednesday 10th February (18:00)	Wednesday 17th March (18:00)	
Family Networks	Thursday 25th February (16:00)	Tuesday 2nd March (10:00)	Monday 15th March (18:00)	
Having Difficult Conversations with Parents	Saturday 30th January (11:00)	Wednesday 3rd February (18:00)	Monday 8th February (16:00)	Friday 12th March (10:00)
Impact of Domestic Abuse on Children and Young People	Friday 29th January (16:00)	Friday 26th February (16:00)		
Improving School Attendance	Wednesday 24th February (10:00)	Monday 1st March (16:00)	Wednesday 10th March (18:00)	

Course	Date 1	Date 2	Date 3	Date 4
Introduction to SEND Services in North Yorkshire	Monday 11th January (11:00)			
Parental Conflict	Tuesday 19th January (10:00)	Thursday 28th January (18:00)	Wednesday 17th March (16:00)	
Running Successful Team Around Family Meetings	Monday 22nd March (16:00)			
School Anxiety and Refusal	Wednesday 20th January (16:00)	Tuesday 26th January (10:00)	Tuesday 2nd March (18:00)	
Strength and Relationship Practice	Monday 18th January (16:00)	Monday 2nd February (10:00)	Wednesday 24th February (18:00)	
Supporting Children and Young People with Social, Emotional and Mental Health Needs	Tuesday 26th January (13:00 - 14:30)			

Please ring one of the following numbers to book a place on any of the sessions, or send an email to:

Earlyhelpbusinesssupport@northyorks.gov.uk

Once booked you will be sent email confirmation with a link to join the session 48 hours before the session starts. *If you do not get this link, please check your spam.*

Early Help Central - Selby, Hambleton & Richmondshire 01609 534829

Early Help West - Harrogate, Knaresborough, Ripon & Craven 01609 534842

Early Help East - Scarborough, Ryedale & Whitby 01609 534852

Sessions run for one hour, unless otherwise stated on the programme above.

All sessions are delivered by NYCC Early Help Consultants unless indicated otherwise.

Training Offer	Sessions Synopsis and Notes
ACE's (Adverse Childhood Experiences)	This session will explain Adverse Childhood Experiences and help you understand the impact they have, and may be having, on a child's well-being and life chances. It will also provide an insight into why some children behave as they do and provide strategies for support.
Contextual Safeguarding	This session is aimed at education settings in line with Keeping Children Safe in Education. All staff, but especially the Designated Safeguarding Lead (or Deputy), should be considering the context within which incidents and/or behaviours of concern occur. This is known as contextual safeguarding, which simply means assessments of children should consider whether wider environmental factors are present in a child's life that are a threat to their safety and/or welfare.
Direct Work Tools	You know there is something not quite right but you are not sure how to find out what is worrying a child. The Direct Work Tools are just what you need. This session introduces you to tried and tested tools that will enable you to learn what is going on for the child and how to help them start their journey towards positive change.
Early Help Assessments and Running Successful Team Around the Family Meetings	Are you concerned or worried about a child in your care? This is your chance to find out how to identify what support the child and the family might need by using the Early Help Assessment tool to explore what's going on for them and how to go about helping their situation.
Early Help for Early Years Providers	Are you concerned or worried about a child in your care? This is your chance to find out how to identify what support the child and the family might need by using the Early Help Assessment tool to explore what's going on for them and how to go about helping their situation.
Early Language Development and the Importance of Early Intervention*	Speech, language and communication is both an essential building block for a range of cognitive and social and emotional skills as well as a predictor of later-life issues. It is a primary indicator of child wellbeing and social mobility. This session will cover; the foundations for healthy speech, language and communication development, how speech, language and communication develops during the first 5 years of life, factors that can impact on healthy speech, language and communication development, the impact of high quality early intervention and how to embed quality first practice for speech, language and communication development.

Family Networks	The saying “it takes a village to raise a child” is still very true today and for many parents they need the support from within their family or the wider community. This session will explore the intricacies of family networks which can be a bit of a minefield as family relationships are multi-faceted and complex. We will consider how to find out who are the important players in a child's life and why they matter, who would support the child if asked and what would they want them to offer.
Having Difficult Conversations with Parents	You need to arrange a meeting with a family and you know that it is going to be very difficult or they may not even attend. This session will help you explore how to start rebuilding relationships to work towards positive engagement and positive change.
Impact of Domestic Abuse on Children and Young People**	Research consistently shows that children living with domestic abuse have higher rates of depression, trauma symptoms and behavioural/cognitive problems than other children. The research highlights that 1 in 7 children and young people under the age of 18 will have lived with domestic violence at some point in their childhood (nearly a 1/4 of a class). In 90% of incidents, children are in the same or next room to the violence where domestic abuse is happening and 62% of children were directly harmed. This session will further explain the impact of domestic abuse on children, how you can support them and what support is available locally and nationally.
Improving School Attendance	We all know that the impact of poor school attendance can have devastating effects. Find out how to work with parents, the young person and the school community to encourage and maintain good school attendance for all pupils. This course will include strategies and practical tools for schools to use to promote good school attendance, and will also explore evidence based systems and outcomes.
Introduction to SEND Services in North Yorkshire***	This session is helpful for new Headteachers, SENCos and other colleagues who would like an overview of SEND services in North Yorkshire and those who would like a refresher.
Parental Conflict	For lots of children parental conflict is part of everyday life and more often than not parents are not aware of the potential impact it has on their children. Work, finances and household chores are just a few of the competing elements that can cause tensions to rise, disagreements to escalate and arguing to become commonplace. This session is all about how professionals can recognise and understand the impact of parental conflict on a child's well being and how to support families to make positive changes.
Running Successful Team Around the Family Meetings	Supporting families to help their children overcome worries or concerns can be daunting, particularly if there are difficult stories or differences in opinion. Getting everyone on the same page in order to make positive changes for a child is all in the art of successfully facilitating a Team Around the Family meeting. This session will help you understand how the Signs of Safety approach can be used to improve outcomes for children, young people and their families.

<p>School Anxiety and School Refusal</p>	<p>Maintaining positive mental health and wellbeing is complex, in particular coping with the things which make us anxious. For many families, returning to school can heighten levels of anxiety and, for a few, those anxieties can ultimately lead to school refusal. This session will explore the co-regulation of managing stress levels and low arousal approaches towards co-operative compliance, in order to encourage and promote self-regulation.</p>
<p>Strength and Relationship Practice</p>	<p>This session provides an insight to the strength based principles to support positive relationships between children and their families / carers and other significant adults in their lives. During the session you will learn how to initiate change through sharing and respecting the stories of all involved, to enable a constructive way forward so we “shift not shatter” the pathway towards long term stability and resilience.</p>
<p>Supporting Children and Young People with Social, Emotional and Mental Health Needs***</p>	<p>This session will provide an overview of the support available for children and young people with social, emotional and mental health needs and illustrate how the Ladder of Intervention works in practice.</p>

* Delivered by NYCC Grow and Learn

** Delivered by IDAS and Safer Communities

*** Delivered by NYCC Inclusion