

OCTOBER

AAC AWARENESS MONTH 2020

AAC gives everyone a voice and enables users to communicate in a variety of ways.



What is AAC?

Augmentative and alternative communication refers to methods of communicating that do not involve direct speech from an individual. These methods include gestures, facial expressions, writing, sign language, Morse code, communication aides and electronic devices.

Types of AAC

No Tech- unaided communication such as body language, sign language, gestures, pointing and eye gaze.

Low Tech- aided communication that does not require power to function such as pen and paper, symbols, word boards or objects.

High tech- aided communication that requires power or batteries to function such as iPads, tablets or buttons.

Useful Resources:

- **Overview of AAC-**
<https://communicationmatters.org.uk/overview/>
- **iPad Apps-**
<https://www.callscotland.org.uk/Blog/the-newly-updated-aac-app-wheel/>
- **Android Apps-**
<https://www.callscotland.org.uk/downloads/posters-and-leaflets/android-apps-for-complex-communication-support-needs/>
- **“Other Ways of Speaking” Information including 10 Tips for Making Communication Successful**
https://www.thecommunicationtrust.org.uk/media/3414/other_ways_of_speaking_final.pdf

Training Opportunities:

- Talking Mats training is available as an option for staff. Please contact the Communication and Interaction team for more information.

