



**BRIGHTER  
BEGINNINGS**

Practical advice for  
parents of children  
with additional  
needs aged 0-5

## DO YOU CARE FOR A CHILD WITH ADDITIONAL NEEDS AGED 0-5?

COME ALONG TO OUR FREE WORKSHOPS!

**Our welcoming and informative sessions cover a  
range of topics, including:**

Help and support near you | Help with education  
How to handle meetings | Encouraging positive behaviour

Bookings can be made by calling Helen Davies on **07966 161 753**  
or by emailing **[bookings@contact.org.uk](mailto:bookings@contact.org.uk)**

Additional childcare costs can be reimbursed if required.  
Please ask when booking.

**contact** *For families  
with disabled children*

Contact is a trading name of Contact a Family. Charity registered in England and Wales (284912) and Scotland (SC039169).

# WORKSHOP PROGRAMME

Thursday 3 October

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## **WHERE TO FIND SUPPORT & HELP IN YOUR AREA**

Find out about the range of local and national support services available for you and your family.

Thursday 10 October

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## **ENCOURAGING POSITIVE BEHAVIOUR**

We will look at why our children behave the way they do, how to encourage positive behaviour and top tips to help.

Thursday 17 October

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## **HOW TO HANDLE MEETINGS: PRACTICAL HINTS & TIPS**

Develop skills to feel more confident in making decisions about your child when meeting and communicating with professionals, and help you look after yourself and your family.

Thursday 24 October

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## **HOW TO GET WHAT YOU NEED FOR YOUR CHILD'S EDUCATION**

We will focus on the educational support that children and young people are entitled to with regards to their special educational needs.

**Come along and meet other parents in a relaxed environment, and find out information to support you and your family**

**Venue:** Bilton Children and Family Hub, Woodfield Road  
Harrogate HG1 4HZ

**10.00 am – 12.00 pm (refreshments at 9.30 am)**

