



**BRIGHTER
BEGINNINGS**

Practical advice for
parents of children
with additional
needs aged 0-5

DO YOU CARE FOR A CHILD WITH ADDITIONAL NEEDS AGED 0-5?

COME ALONG TO OUR FREE WORKSHOPS!

**Our welcoming and informative sessions cover a
range of topics, including:**

Help and support near you | Help with education
How to handle meetings | Encouraging positive behaviour

Venue: Bilton Children and Family Hub, Woodfield Road
Harrogate HG1 4HZ

10.00 am – 12.00 pm (refreshments at 9.30 am)

contact *For families
with disabled children*

Contact is a trading name of Contact a Family. Charity registered in England and Wales (284912) and Scotland (SC039169).

WORKSHOP PROGRAMME

Thursday 3 October

WHERE TO FIND SUPPORT & HELP IN YOUR AREA

Find out about the range of local and national support services available for you and your family.

Thursday 10 October

ENCOURAGING POSITIVE BEHAVIOUR

We will look at why our children behave the way they do, how to encourage positive behaviour and top tips to help.

Thursday 17 October

HOW TO HANDLE MEETINGS: PRACTICAL HINTS & TIPS

Develop skills to feel more confident in making decisions about your child when meeting and communicating with professionals, and help you look after yourself and your family.

Thursday 24 October

HOW TO GET WHAT YOU NEED FOR YOUR CHILD'S EDUCATION

We will focus on the educational support that children and young people are entitled to with regards to their special educational needs.

Come along and meet other parents in a relaxed environment, and find out information to support you and your family.

Bookings can be made by calling Helen Davies on **07966 161 753**
or by emailing **bookings@contact.org.uk**

Additional childcare costs can be reimbursed if required.
Please ask when booking.

