



Children's Therapy Team

Supporting Children with Selective Mutism

What is selective mutism?

Why do children become anxious
about speaking in certain
situations?

How can I identify if a
child in my setting or class
has selective mutism?

When should I refer a child?

What helpful information
is available online and
how do I find it?

What can I do to help a
child with selective
mutism?



This e-learning session explains what selective mutism is, what causes it, how to create a 'selective mutism friendly environment', and how to help children with selective mutism in your school/setting.

This ***FREE*** training session is suitable for **professionals** who work in a **primary or early years** setting with children who are reluctant to speak or have selective mutism, across **York, Selby, Scarborough, Whitby and Ryedale**.

*Date and time: **Friday 17th November * 3.30pm - 4.45pm***

*For more information or to book a place please email us at
yhs-tr.childrenstherapytraining@nhs.net*