



North Yorkshire Healthy Early Years Award

North Yorkshire Healthy Early Years award which due to funding from public health is **free for all providers in North Yorkshire**. The award covers the key themes of:

- Active Lives
- Healthy Food
- Personal, Social Education Development (PSED) and Emotional Health & Wellbeing
- Staff wellbeing

The award is aimed at all Early Years providers including: day nurseries, playgroups, pre-schools, childminders who work on their own or childminders with assistants.

The award will enable Early Years settings to share their effective practice in supporting a whole setting approach to health and wellbeing by working through the criteria for each of the key themes.

We now have 100 providers signed up for the award and many starting to make a submission either at the bronze, silver or gold level which is enabling them to showcase their practice and provision and the positive impact that is having on the children's health and wellbeing.

Training

The award is funded by public health so the training is free to all Early Years Settings in North Yorkshire. **We would highly recommend that a member of staff attends the, 'Getting started on North Yorkshire Healthy Early Years Award' training which is running online:**

- **20th June 2023, 1:30-3pm course code SI- 0623-T030**
OR
- **20th June 2023, 6:30-8pm course code SI- 0623-T031**

To apply for any of the training please go to North Yorkshire Education Services (NYES) <http://www.nyestraining.co.uk/> Your setting will need a username and password, which will enable your setting to log in and apply for training. If you have any questions or need help using the site call the NYES team on 01609 533 222 or email nyes@northyorks.gov.uk

Further information about the award can be accessed via the Healthy Early Years website <http://healthyschoolsnorthyorks.org/> (click on the Early Years section of the website) or email healthyschool@northyorks.gov.uk with any further questions.