



North Yorkshire Healthy Early Years Award

The Healthy Early Years award aims to provide an effective whole setting approach to health and wellbeing by providing a criteria based on evidence of good practice and statutory requirements to support settings implement effective practice and provision.

The award and training is funded by public health so the full award is free for North Yorkshire Early Years settings this includes: day nurseries, playgroups, pre-schools, childminders who work on their own, childminders with assistants or childcare on domestic premises.

Early Years Settings engaged in the award will work towards bronze, silver and gold awards based on the following themes:

- Personal, Social and Emotional Development (PSED) and Emotional Health and Wellbeing
- Active lives
- Healthy Food
- Staff wellbeing

To support Early Years Settings get started we would really recommend attending some free training available to book through North Yorkshire Education Services (NYES)

<http://www.nyestraining.co.uk/> . If you have any questions or need help using the site call the NYES team on 01609 533 222 Or email nyes@northyorks.gov.uk

Title of event	Date	Online Code	Start	End
Getting started with the Healthy Early Years Award	01/12/2021	SI-1221-T003	14:00	15:00
Getting started with the Healthy Early Years Award	08/12/2021	SI-1221-T009	19:00	20:00
Getting started with the Healthy Early Years Award	12/01/2022	SI-0122-T006	13:30	14:30
Getting started with the Healthy Early Years Award	12/01/2022	SI-0122-T007	19:00	20:00
Getting started with the Healthy Early Years Award	14/03/2022	SI-0322-T014	13:30	14:30
Getting started with the Healthy Early Years Award	04/04/2022	SI-0422-T001	19:00	20:00

For more information please go to the Early Years section of the North Yorkshire Healthy Schools Website at <http://healthyschoolsnorthyorks.org/> or email healthyschools@northyorks.gov.uk