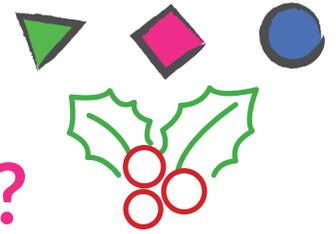
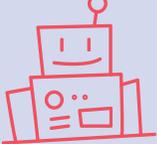
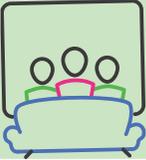
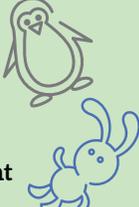


Grow & learn

www.northyorks.gov.uk/growandlearn

Fun Christmas ideas – how many can you tick off?



<p>Put some ice cubes in a tray, talk about how they feel. See if your farm animals or dinosaurs want to play</p> 	<p>Visit your local library and borrow some Christmas books</p> 	<p>Learn a new Christmas song</p> 	<p>Write or draw a letter to Father Christmas</p> 	<p>Go for a walk and look at all the Christmas lights</p> 	<p>Sit on the floor and draw together</p> 	<p>Do a jigsaw together</p> 
<p>Sing Christmas songs and dance together</p> 	<p>Make a model with cardboard boxes</p> 	<p>Go on a bug hunt</p> 	<p>Snuggle up and share a book together</p> 	<p>Close your eyes and listen to all the different sounds you can hear in your house</p> 	<p>Build a snowman (fingers crossed we get some snow). If not draw a snowman</p> 	<p>Make hand print decorations with salt dough</p> 
<p>Go for a walk and listen, what sounds can you hear?</p> 	<p>Snuggle up and watch a Christmas film together</p> 	<p>Find 5 things that are red</p> 	<p>Make some play dough, use sticks to make a snowman or reindeer</p> 	<p>Bake some biscuits</p> 	<p>Choose a letter and see how many things you can find in your house starting with it</p> 	<p>Make an indoor den and look at your favourite book inside it</p> 
<p>Make paper snowflakes</p> 	<p>Go for a walk and see what you can collect to make a picture</p> 	<p>Make some Christmas cards</p> 	<p>Cut a piece of string that is the same length as your child, put it in an envelope with the year on and see how much they have grown next year!</p>	<p>Go to the park</p> 	<p>Go for a walk and count how many times you see Father Christmas</p> 	<p>See what you can wrap up with some wrapping paper</p> 
<p>Have an indoor teddy bears picnic</p> 	<p>Make a Christmas sensory bottle</p> 	<p>Hide some of your favourite toys around the house and have a treasure hunt</p> 	<p>Draw around your body on a large piece of paper and make it into a giant snowman</p> 	<p>Find 5 things that are green</p> 	<p>On a cold day, can you find anything that has frozen? Talk about how it feels</p> 	<p>Go to the Grow & Learn website for more ideas www.northyorks.gov.uk/growandlearn</p>

How to make salt dough

- 1 cup of plain flour
- 1/2 cup of table salt
- 1/2 cup water



1 Pre-heat your oven to its lowest setting

2 Mix the flour and salt in a large bowl. Add the water and mix together until it comes together in a ball.

3 Put some flour on a flat surface to stop sticking, and then roll out your dough.

4 Cut, roll and decorate into whatever shapes you like

5 Put your shapes on a baking sheet in the oven and cook for around 3 hours, or until solid

6 Leave to cool and then paint and decorate!

How to make a Christmas Sensory Bottle

What you need:

A clear used water bottle

Water

Glitter

Christmas confetti

Tape

Food colouring (optional)

- 1 Carefully fill your bottle with water
- 2 Add some glitter and Christmas confetti
- 3 Add a few drops of food colouring (optional)
- 4 Screw the lid back on and secure with tape to stop spills

Turn your bottle upside down and watch the glitter and confetti float around

