



North Yorkshire Healthy Early Years Award

The Healthy Early Years Award is a free award for all Early Years Providers in North Yorkshire (day nurseries, playgroups, pre-schools, childminders who work on their own, childminders with assistants or childcare on domestic premises).

Engaging in the award is great way to gain recognition for the settings approach to health and wellbeing with the specific themes of:

- Active Lives
- Healthy Eating
- PSED& Emotional Health and Wellbeing
- Alongside Staff Wellbeing when submitting for Silver (or when going straight in for Gold)



Achieving the criteria for one theme is a Bronze award, two themes and staff wellbeing a Silver award and all three themes for the Gold award.

Training

We really recommend that Early Year Providers attend the FREE 'Getting Started Training' to enable a successful submission for a Healthy Early Years Award. This training is aimed at early year providers newly signed up to the programme or colleagues that have previously registered but need a re-refresh of how to achieve an award. All training is free and upcoming training dates can be accessed here

“I found the training very helpful, and it was nice to know that there are people to contact should we need further assistance. There were lots of useful links and ideas”

Date	Course Code
1:30-2:30pm on Monday 11 th May 2026	SI-OM-0526-T002
6:30-7:30pm on Monday 11 th May 2026	SI-OM-0526-T003

To apply for any of the training below please go to North Yorkshire Education Services (NYES) <https://nyes.info/>.

Healthy Early Years Website

The Healthy Early Years Award website can be found at <https://healthyschoolsnorthyorks.org/> and this is where new North Yorkshire Early Years providers can register for the award, access all the key documents and make a submission for an award.

Email: healthyschools@northyorks.gov.uk for any questions and support.