

# Unlocking Autism for Parents

**Assisting parental understanding of autism, communication and sensory needs.**

## Who is it for?

- Unlocking Autism is a free course for parents and carers of children and young people with communication and interaction needs. You must live in North Yorkshire or your child attend a North Yorkshire school or setting to be eligible. Children do not need to have a diagnosis of autism in order for parents to attend.

## What will I learn?

- The programme includes sessions on behaviour, emotional regulation, Communication, sensory differences and autism providing practical tools and strategies to support children and young people.

## When does the course take place?

- This is an online course which consists of five sessions which either run over two full days or as five, 2 hour webinars. It is recommended that parents/carers complete all five sessions in order to derive maximum benefit from the programme.

## How do I book?

- To book a place please use the following link: [Global Search | North Yorkshire Education Services \(nyestraining.co.uk\)](https://www.nyestraining.co.uk)
- You will need to register on the website first, and make sure you put parent in the job title/organisation boxes and 'attend training course' in reason section. Please follow the instructions in this leaflet. Then you're all set up to go and book on to whichever course suits you best.

## Unlocking Autism for Parents – 2023-2024

Course Title	Date	Venue	Time
Unlocking Autism 2 day course	Tuesday 30 <sup>th</sup> January and Wednesday 31 <sup>st</sup> January 2024	Galtres Centre, Easingwold	09:45am - 3:45pm
Unlocking Autism Plus: Girls and Autism	Wednesday 21 <sup>st</sup> February 2024	Online	09:30-11:00am
Unlocking Autism Plus: Pathological Demand Avoidance (PDA)	Wednesday 21 <sup>st</sup> February 2024	Online	1:00 – 2:30pm
Unlocking Autism Plus: Identity	Wednesday 6 <sup>th</sup> March 2024	Online	09:30-11:00am
Unlocking Autism Plus: Selective Mutism	Wednesday 6 <sup>th</sup> March 2024	Online	1:00 – 2:30pm
Unlocking Autism 5 sessions	Wednesday 10 <sup>th</sup> April 2024 Wednesday 17 <sup>th</sup> April 2024 Wednesday 24 <sup>th</sup> April 2024 Wednesday 1 <sup>st</sup> May 2024 Wednesday 8 <sup>th</sup> May 2024	Online course – to benefit fully from the course it is recommended that you attend all 5 sessions	09:30am – 12:00pm (all sessions)
Unlocking Autism Plus: Girls and Autism	Wednesday 5 <sup>th</sup> June 2024	Online	09:30-11:00am
Unlocking Autism Plus: Pathological Demand Avoidance (PDA)	Wednesday 12 <sup>th</sup> June 2024	Online	09:30-11:00am
Unlocking Autism Plus: Identity	Wednesday 19 <sup>th</sup> June 2024	Online	09:30-11:00am
Unlocking Autism Plus: Selective Mutism	Wednesday 26 <sup>th</sup> June 2024	Online	09:30-11:00am

**We are working on a downloadable version of the Unlocking Autism course for parents to access themselves and this will be available soon.**

There are also 2 further courses running in the Spring term which may be of interest:

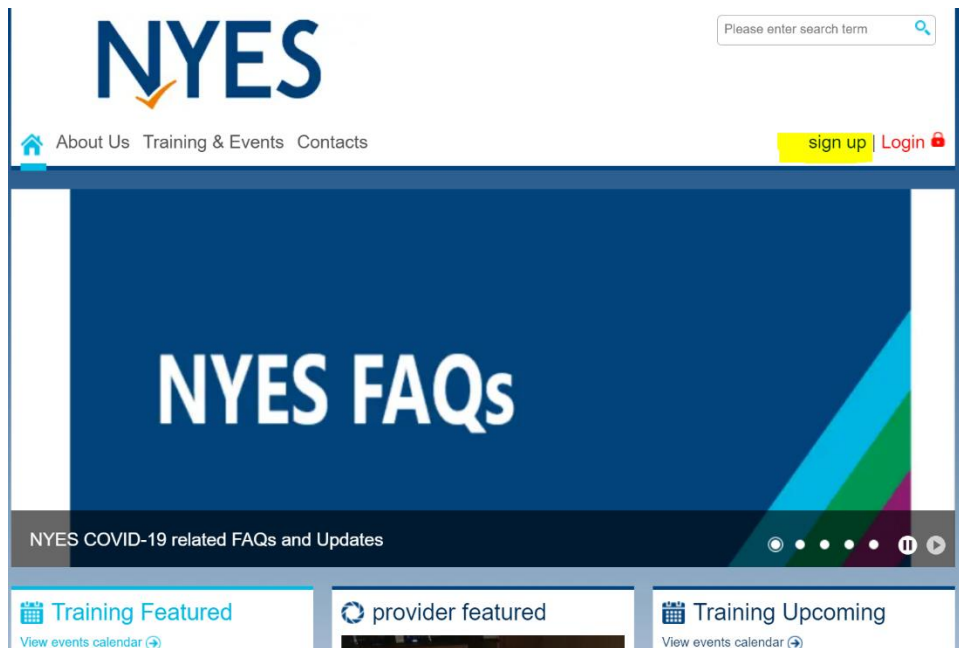
Course Title	Date	Venue	Time
Unlocking SEMH for Parents	Tuesday 6 <sup>th</sup> February 2024	Online	10:30am - 12:00
Unlocking ADHD for Parents	Tuesday 20 <sup>th</sup> February 2024	Online	10:30am - 12:00

If you have any further questions about these courses, please contact  
[elise.logan@northyorks.gov.uk](mailto:elise.logan@northyorks.gov.uk).

**Please note that I am unable to book places on courses for you. If you are having difficulties with booking on or accessing the site, please contact the NYES team on 01609 533222.**

## Registering to use NYES:

1. Follow the link: [nyestraining.co.uk](http://nyestraining.co.uk). The following page will be displayed. Please select 'sign up':



2. When completing the 'new account request' please complete the highlighted boxes with 'parent' & 'attend training course' as indicated below. This will provide you with access to book the appropriate course:

### New Account Request

Forename	<input type="text" value="Jay"/>
Surname	<input type="text" value="Calvin"/>
Job Title	<input type="text" value="Parent"/>
School/Organisation	<input type="text" value="Parent"/>
Address	<input type="text" value="3 The Close&lt;br/&gt;BD5 8YU"/>
Telephone	<input type="text" value="0116 262626"/>
Email	<input type="text" value="jay.calvin@emailaddress.co.uk"/>
Confirm Email	<input type="text" value="jay.calvin@emailaddress.co.uk"/>
Reason	<input type="text" value="Attend training course"/>
Robot test: What is 3 + 2?	<input type="text" value="5"/>