


## **The DfE have updated the Statutory Relationships, Sex and Health Education Guidance for schools with implementation by September 2026**

The aim of the updated guidance document is to support pupils develop **knowledge and skills** that will enable them to make **informed** and **ethical decisions** about their **wellbeing, health and relationships**. Based on **guiding principles** for relationships, sex and health education, **effective teaching, engagement with parents and carers** and a statutory relationships and sex education **policy**.

To support schools effectively implement the changes a range of **briefing sessions, training and PSHE network opportunities throughout the academic year** and **in-school support** are available such as a PSHE support visit and / or staff training.

<b>Guidance Briefing Sessions on the Updated Statutory Relationships, Sex and Health Education (RSHE)</b> These briefing sessions will enable school leaders, PSHE leads and governors to understand and respond to the updated statutory RSHE Guidance 2025 highlighting key changes and actions for schools in preparation for statutory implementation by September 2026.	
 <p><b>Relationships Education, Relationships and Sex Education (RSE) and Health Education</b></p> <p>Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, and teachers</p> <p>July 2025</p>	<b>Guidance Briefing Session for Primary Schools</b> <ul style="list-style-type: none"> <li>Thursday 2nd October 1:30-2:45pm Course Code: SI-1025-T004</li> <li>Monday 6th October 3:45-5pm Course Code: SI-1025-T005</li> <li>Thursday 9th October 10-11:15am Course Code: SI-1025-T006</li> <li>Tuesday 18th November 1:30-2:45pm Course Code: SI-1125-T006</li> </ul>
	<b>Guidance briefing session for secondary schools</b> <ul style="list-style-type: none"> <li>Thursday 2nd October 10-11:15am Course Code: SI-1025-T007</li> <li>Thursday 16th October 3:45-5pm Course Code: SI-1025-T008</li> <li>Tuesday 11th November 1:30-2:45pm Course Code: SI-1125-T007</li> </ul>

To apply for any of the training below please go to North Yorkshire Education Services (YES) <https://nyes.info/>. If you have any questions or need help using the site call the YES team on 01609 533 222 Or email [nyes@northyorks.gov.uk](mailto:nyes@northyorks.gov.uk)

If you have any questions or would like to discuss any aspects, please contact: Clare Barrowman, Senior Health and Wellbeing Adviser, [Clare.barrowman@northyorks.gov.uk](mailto:Clare.barrowman@northyorks.gov.uk)

Please visit the [YES website](#) for further information about the support and bespoke training that can be provided by Clare Barrowman, Senior Health and Wellbeing Adviser for all schools.