

CYP is far more able to talk about what's upsetting him and to discuss a way that it can be resolved without getting him in trouble. He understands "making the right choices" and is more positive about himself.

His self-confidence seems to have improved and I think he realises he doesn't need to act up and be cool to be liked amongst his peers.

I met with CYP the Monday after the LIFE course, and she was visibly more positive in our mentor session. She was more confident, happy and chatty. She was so grateful to have the opportunity to go on the LIFE course and she is proud of herself and happy her family are proud of her too. CYP said she walked to school on the Monday after the LIFE course saying to herself 'I've got this, and I can do this today'.

CYP has been never wanted to engage in discussion about careers, saying flippant things like 'I'll just work in MacDonalDs. Since the course I can actually have a conversation with him about possible careers, thank you! He is showing an interest in public service careers.

On the whole a lot has improved. We are still awaiting EHCP for his autism which makes it hard. He and us as parents were so proud that he was able to complete the course and boosted his confidence that things are achievable after having such a poor time at school. It has helped enforce that in the right environment he can and will thrive.

It was incredibly positive to see CYP talk so enthusiastically about his future prospects and aspirations particularly in a profession that has a large amount of discipline. This has given him more confidence that he has a path that he can be successful in.

CYP is visibly more confident and happier since attending the LIFE course. I have observed he has been less frustrated about the little things and build up his resilience to try again

He made a great friend also at the course and has regularly met up with him since they both enjoy going mountain biking together.

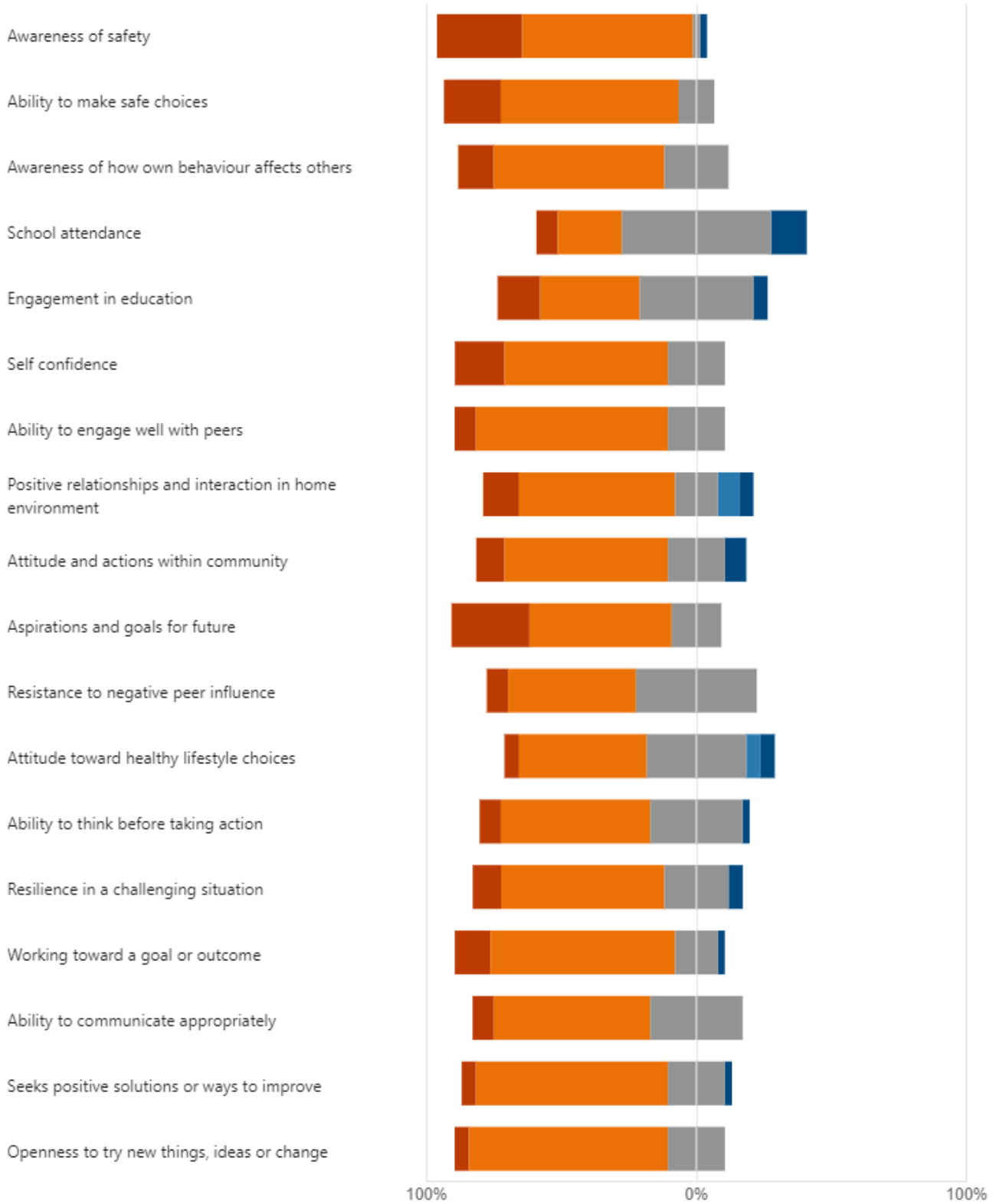
CYP has not attended school full-time since January and been in school very rarely since. CYP demonstrated on the LIFE course he can engage in a week of education, follow new routines and instructions and manage with authority figures. CYP has been really proud of himself for what he has achieved on the course.

We have seen CYP in school for 2 days this week. He was incredibly positive about the course, had a great week and wants to be a firefighter in the future. As a school we feel the course has been really beneficial for him, particularly with his self-esteem and confidence.

Vastly improved communication all round particularly with adults in the family.

Compared to the time of original referral, since attending the LIFE scheme the young persons:

■ Improved greatly ■ Improved ■ No change ■ Deteriorated ■ N/A



Please provide some further details or examples regarding the responses provided above: *

_____ was very nervous about starting the course but by the end he didn't want to leave. He came home each evening and told us about what he had done that day with pride and enthusiasm. _____ is so eager to please, especially with his peers which had led to him making the wrong behaviour choices. We were proud of _____ for competing a quiz on one of the days he was on the course, because he was the only member of his watch team to take part. He knew he wouldn't get all the answers correct but was willing to have a go. The BA training that _____ had the opportunity to take part in was a real highlight for him as he didn't know if he was brave enough to complete it, but with the encouragement of the leaders he managed to do it and was so proud of himself. Both of these examples, we believe, have change _____ attitude in such a positive way. _____ had some maths homework this week which he found really challenging, it was a test and got a score of 40% which he was very disappointed with, he decided to take the maths test again after studying and reached a score of 95% We honestly believe that before taking part in the LIFE course _____ would not have retaken the test in order to improve.

_____ has always wanted a career in the services of some sort: Navy, Police Force, RAF and this week has confirmed that that is definitely what he wants to do.

The time, the whole team running the course, have invested into these young people is just amazing. We are so grateful to all of you for everything you have done for _____.

_____ has asked us to add:

"I loved, loved, loved the LIFE Course and I'm so grateful I had the chance to do it. I'm so pleased I was encouraged to do all the things I wouldn't ever normally have the opportunity to do. I was encouraged to push my own limits and say yes to having a go at so many new things, the BA part in particular. I feel like I can do anything now! Please can you thank all the leaders for having me and especially Ian and Jonny who helped me so much with all the course work and for making me laugh every day!"

Kind Regards

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Two very proud and grateful parents!

8. Please provide some details of the most positive change for the young person. *

_____ positive behaviour in school and this has been recognised by the school and mum

8. Please provide some details of the most positive change for the young person. *

Other course has given _____ a new perspective on things. _____ has ADHD and very rarely get the opportunity to succeed. He absolutely loved the environment, the activities, and the structure of the days and everything he learnt. Ian really supported him through the week and gave him some fantastic guidance, it really helped _____ having a mentor and the same person mentoring him through the week. _____ now wants to work in a role helping others.

9. Please provide details of how you feel we could improve the effectiveness of the course *

It's been amazing for _____ and the only comments we have is that _____ would have loved the course to be longer. Thank you to everyone who made it happen, especially Ian.

6. Please provide some further details or examples regarding the responses provided above: *

When I have spoken to _____ he really enjoyed the course and said it was such a great opportunity for him. _____ also stated that his attendance in school has improved and that he has done really well in his classes since he returned from the course and has had a phone call from school to say how well he has done.