FREE Unlocking SEMH Training (virtual)! Funded by Selby Locality Board



FREE to all of Selby	Content
Unlocking SEMH: an exciting new course to support and develop professionals' understanding of SEMH. Exploring strategies which can effectively support children and young people.	Supporting professionals to understand children's social, emotional and mental health needs in the school or college environment. Allowing delegates to explore; • What is SEMH? • What are the characteristics of SEMH • The three key areas of the Triune Brain and their functions • Emotional development gaps and the lasting impact of early attachment • How relational approaches can support your understanding of SEMH needs • How to support children's social skills and positive attachments when experiencing challenging SEMH needs • The Key Strategies and how to implementing these • Ways in which you can develop your own positive wellbeing and mental health The course is provided by North Yorkshire County Council.

Commitment From Settings

 Delegates will be asked to give feedback on the training and how useful it will be.

How to Apply for your FREE course:

The course will be delivered via 2 virtual twilight sessions: 23rd March 4-5.30 and 20th April 4-5.30 Please apply through clicking on this <u>link</u>. You will be contacted before 17th March to let you know if you have been successful and providing links to the training.

If you require any further details please contact jennie.holt@northyorks.gov.uk