



North Yorkshire Healthy Schools Programme

Online Training: Getting Started on the North Yorkshire Healthy Schools Programme

Date: Thursday 2nd February 2023

Time: 1:30-3pm

Course code SI-0223-TO21

FREE for all North Yorkshire schools including academies as funded through public health: Primary, Secondary, Special and PRUs

We are actively encouraging all North Yorkshire schools to sign up and work towards achieving a North Yorkshire Healthy Schools Award.

We are also aware that a number of schools have registered with the Healthy Schools Programme but not yet got started – this training would be great to attend as a refresher.

This training will give you an overview of the programme and all the tools your school needs to get started and achieve an award. Including the sharing of good practice from schools who have already achieved an award.

North Yorkshire Healthy Schools Programme enables schools to work towards achieving a Bronze, Silver and Gold award based on implementing the evidence based criteria for the following themes:

- Personal, Social, Health Education (PSHE) including the statutory relationships, sex and health education curriculum
- Emotional Health and Wellbeing
- Active Lives
- Food in Schools
- Staff wellbeing (for a submission at Silver and Gold)

Over 200 schools in North Yorkshire have signed up for the award to enable them to gain the recognition for their whole school approach to health and wellbeing. Feedback about the programme has been really positive.

To apply for the training please go to North Yorkshire Education Services (NYES) <http://www.nyestraining.co.uk/> . If you have any questions or need help using the site call the NYES team on 01609 533 222 Or email nyes@northyorks.gov.uk

For more information about the North Yorkshire Healthy Schools Programme please log on to <http://healthyschoolsnorthyorks.org/> or email healthyschools@northyorks.gov.uk.